

# Center For Arthritis And Rheumatic Diseases, P.C.

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Welcome to The Center for Arthritis and Rheumatic Diseases, P.C.

This is to confirm your appointment with Dr. \_\_\_\_\_ at \_\_\_\_\_ on \_\_\_\_\_ In our \_\_\_\_\_ Office.

Directions to each office are attached for your convenience. To ensure all forms are completed and ready for your physician's review, please arrive at least 30 minutes early for your appointment.

When you arrive, it is very important to bring the attached patient history form completed, any X-ray films, blood test or other results, your insurance card(s) and the referring doctor's full name and address. These items are very important for your medical record

You may be contacted by our billing department prior to your visit to verify your insurance coverage. We file your insurance for you, and a patient account representative will be assigned to you to help with your billing needs. Since your insurance company may not cover the entire cost of your visit, we do require payment at the time of service. If any of your insurance information changes, please contact our billing office as soon as possible at (757) 461-6997.

**We will try to call you two days in advance of this appointment to confirm, and we must hear back from you within 24 hours of your appointment. Regardless of whether we are able to reach you to confirm your appointment, it is your responsibility to contact use to confirm this appointment; otherwise your appointment will be cancelled and given to another patient. A \$150.00 charge will be added to your account if you fail to keep your confirmed new patient appointment.**

We appreciate your cooperation and look forward to your visit. If you have any questions, please contact the office where your appointment is scheduled; the numbers are listed below.

Thank you.

816 Greenbrier Circle  
Suite A  
Chesapeake, VA 23310  
757-461-3400 (fax) 757-461-7130

1033 Champions Way  
Suite 100  
Suffolk, VA 23435  
757-483-2783 (fax) 757-483-6325

**SYSTEMS REVIEW**

Please review the following list and check any of the problems which have significantly affected you.

Date of last mammogram \_\_\_\_\_ Date of last eye exam \_\_\_\_\_ date of last chest X-ray

Date of last tuberculosis test \_\_\_\_\_ Date of last bone densitometry

<p><b>General</b></p> <p>Recent weight gain <input type="checkbox"/> Amount:</p> <p>Recent weight loss <input type="checkbox"/> Amount:</p> <p>Fatigue <input type="checkbox"/></p> <p>Weakness <input type="checkbox"/></p> <p>Fever <input type="checkbox"/></p> <p><b>Eye</b></p> <p>Pain <input type="checkbox"/></p> <p>Redness <input type="checkbox"/></p> <p>Loss of Vision <input type="checkbox"/></p> <p>Double or Blurred Vision <input type="checkbox"/></p> <p>Dryness <input type="checkbox"/></p> <p>Feels like something in the eye <input type="checkbox"/></p> <p>Itching Eyes <input type="checkbox"/></p> <p><b>Ear-Nose-Throat-Mouth</b></p> <p>Ringing in ears <input type="checkbox"/></p> <p>Loss of hearing <input type="checkbox"/></p> <p>Nosebleeds <input type="checkbox"/></p> <p>Dryness in nose <input type="checkbox"/></p> <p>Runny nose <input type="checkbox"/></p> <p>Sore tongue <input type="checkbox"/></p> <p>Bleeding gums <input type="checkbox"/></p> <p>Sores in mouth <input type="checkbox"/></p> <p>Loss of taste <input type="checkbox"/></p> <p>Dryness of mouth <input type="checkbox"/></p> <p>Frequent sore throats <input type="checkbox"/></p> <p>Hoarseness <input type="checkbox"/></p> <p>Difficulty swallowing <input type="checkbox"/></p> <p><b>Heart</b></p> <p>Pain in chest <input type="checkbox"/></p> <p>Irregular heart beat <input type="checkbox"/></p> <p>Sudden changes in heart beat <input type="checkbox"/></p> <p>High blood pressure <input type="checkbox"/></p> <p>Heart murmurs <input type="checkbox"/></p> <p><b>Lungs</b></p> <p>Shortness of breath <input type="checkbox"/></p> <p>Difficulty in breathing at night <input type="checkbox"/></p> <p>Swollen legs or feet <input type="checkbox"/></p> <p>Cough <input type="checkbox"/></p> <p>Coughing up blood <input type="checkbox"/></p> <p>Wheezing (asthma) <input type="checkbox"/></p>	<p><b>Stomach</b></p> <p>Nausea <input type="checkbox"/></p> <p>Vomiting of Blood or Coffee ground material <input type="checkbox"/></p> <p>Stomach pain relieved by eating <input type="checkbox"/></p> <p>Jaundice <input type="checkbox"/></p> <p>Increasing constipation <input type="checkbox"/></p> <p>Persistent diarrhea <input type="checkbox"/></p> <p>Blood in stools <input type="checkbox"/></p> <p>Black stools <input type="checkbox"/></p> <p>Heartburn <input type="checkbox"/></p> <p>Hepatitis <input type="checkbox"/></p> <p><b>Kidney/Urine/Bladder</b> Difficult urination <input type="checkbox"/></p> <p>Pain or burning on urination <input type="checkbox"/></p> <p>Blood in urine <input type="checkbox"/></p> <p>Cloudy, "smoky" urine <input type="checkbox"/></p> <p>Pus in urine <input type="checkbox"/></p> <p>Discharge from penis/vagina <input type="checkbox"/></p> <p>Sexual difficulties <input type="checkbox"/></p> <p>Prostate difficulties <input type="checkbox"/></p> <p><b>Muscles/Joints/Bone</b></p> <p>Morning Stiffness</p> <p>Lasting how long?      minutes      hours</p> <p>Joint Pain</p> <p>Muscle Weakness</p> <p>Muscle tenderness</p> <p>Joint Swelling</p> <p>List Joints affected in the last 6 months</p>	<p><b>Skin</b></p> <p>Easy Bruising <input type="checkbox"/></p> <p>Redness <input type="checkbox"/></p> <p>Hives <input type="checkbox"/></p> <p>Sun Sensitive <input type="checkbox"/></p> <p>Tightness <input type="checkbox"/></p> <p>Nodules/Bumps <input type="checkbox"/></p> <p>Hair Loss <input type="checkbox"/></p> <p>Color changes of the hands or feet in the cold <input type="checkbox"/></p> <p><b>Neurological Systems</b></p> <p>Headache</p> <p>Dizziness</p> <p>Fainting</p> <p>Muscle Spasms</p> <p>Loss of Consciousness</p> <p>Sensitivity or pain of hands and/or feet</p> <p>Memory loss</p> <p>Night sweats</p> <p>Excessive Worries</p> <p>Anxiety</p> <p>Easily losing temper</p> <p>Depression</p> <p>Agitation</p> <p>Difficulty falling asleep</p> <p>Difficulty staying awake</p> <p><b>Blood/Lymph Nodes</b></p> <p>Swollen glands</p> <p>Tender glands</p> <p>Anemia</p> <p>Bleeding tendency</p> <p>Transfusion/ When?</p> <p>Blood Clots</p> <p><b>For Women Only:</b></p> <p>Age when period began:</p> <p>Periods regular? <input type="checkbox"/> Yes    <input type="checkbox"/> No</p> <p>How many days apart?</p> <p>Date of last period?</p> <p>Date of last PAP?</p> <p>Bleeding after menopause? <input type="checkbox"/> Yes    <input type="checkbox"/> No</p> <p>Number of pregnancies?</p> <p>Number of miscarriages?</p>
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Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

**SOCIAL HISTORY**

Do you drink caffeinated beverages?  Yes  No

Cups/Glasses per day? \_\_\_\_\_

Do you smoke?  Yes  No

Past—How long ago? \_\_\_\_\_

Do you drink alcohol?  Yes  No

Number per week? \_\_\_\_\_

Has anyone ever told you to cut down on your drinking?

Yes  No

Do you use drugs for reasons that are not medical?

Yes  No If yes, please list: \_\_\_\_\_

Do you exercise regularly?

Yes  No Type: \_\_\_\_\_

Amount per week: \_\_\_\_\_

How many hours of sleep do you get at night? \_\_\_\_\_

Do you get enough sleep at night?  Yes  No

Do you wake up feeling rested?  Yes  No

**MARITAL STATUS:**  Never Married  Married  Divorced  Separated  Widowed

Spouse/Significant Other: Alive/Age \_\_\_\_\_ Deceased/Age \_\_\_\_\_ Major Illnesses \_\_\_\_\_

**EDUCATION** (select highest level attended):

Grade School:  7  8  9  10  11  12 College  1  2  3  4 Graduate School: \_\_\_\_\_

Occupation: \_\_\_\_\_ Number of hours worked per average week: \_\_\_\_\_

**MEDICATIONS**

Drug allergies:  Yes  No To What? \_\_\_\_\_

Type of reaction: \_\_\_\_\_

**PRESENT MEDICATIONS** (List any medications you are taking. Include such items as aspirin, vitamins, laxatives, calcium and other supplements)

Name of Drug	Dose (Include strength & number of pills per day)	How long have you taken this medication?	Please check: Helped?		
			A lot	Some	Not at all
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

**PAST MEDICATIONS** Please review this list of "arthritis" medications. As accurately as possible, try to remember which medications you have taken, how long you were taking the medication, the result of taking medication and list any reactions you may have had. Record your comments in the spaces provided.

Drug Names/Dosage	Length of Time	Please Check: Helped?			Reactions
		A lot	Some	Not at all	
<b>Non-Steroidal Anti-Inflammatory drugs (NSAIDS)</b>					
<b>Select any you have taken in the past</b>					
<input type="checkbox"/> Ansaïd (flurbiprofen)	<input type="checkbox"/> Arthrotec(diclofenac+Misoprostil)	<input type="checkbox"/> Aspirin(including coated)	<input type="checkbox"/> Celebrex (celecoxib)		
<input type="checkbox"/> Clinoril (sulindac)	<input type="checkbox"/> Daypro (oxaprozin)	<input type="checkbox"/> Disalcid (salsalate)	<input type="checkbox"/> Dolobid (diflunisal)		
<input type="checkbox"/> Feldene (piroxicam)	<input type="checkbox"/> Indocin (indomethacin)	<input type="checkbox"/> Lodine (etodolac)	<input type="checkbox"/> Naprosyn/Aleve (naproxen)		
<input type="checkbox"/> Motrin/Advil (ibuprofen)	<input type="checkbox"/> Mobic (meloxicam)	<input type="checkbox"/> Relafen (nabumetone)	<input type="checkbox"/> Oruvail (ketoprofen)		
<input type="checkbox"/> Tolectin (tolmetin)	<input type="checkbox"/> Trilisate(choline magnesium trisalicylate)	<input type="checkbox"/> Vioxx (rofecoxib)	<input type="checkbox"/> Voltaren (diclofenac)		
<b>Pain Relievers</b>					
Acetaminophen (Tylenol)					
Codeine, Vicodin, Tylenol 3					
Propoxyphene (Darvon/Darvocet)					
Tramadol (Ultram)					
Other:					
<b>Corticosteroids</b>					
Prednisone/Medrol					
<b>Disease Modifying Antirheumatic Drugs</b>					
Auranofin, gold pills (Ridaura)					
Gold shots (Myochrysine or Solganol)					
Hydroxychloroquine (Plaquenil)					
Pencillamine (Cuprimine or Depen)					
Methotrexate (Rheumatrex)					
Azathioprine (Imuran)					
Sulfasalazine (Azulfidine)					
Cyclophosphamide (Cytoxan)					
Cyclosporine A (Sandimmune or Neoral)					
Etanercept (Enbrel)					
Infliximab (Remicade)					
Prosorba Column					
Arava					
Other:					
<b>Osteoporosis Medications</b>					
Estrogen (Premarin, etc.)					
Alendronate (Fosamax)					
Etidronate (Didronel)					
Raloxifene (Evista)					
Calcitonin, injection or nasal (Miacalcin, Calimar)					
Residronate (Actonel)					
Other:					
<b>Gout Medications</b>					
Probenecid (Benemid)					
Cochicine					
Allopurinol (Zyloprim/Lopurin)					
Other:					
<b>Others</b>					
Amitriptyline (Elavil)					
Cyclobenzaprine (Flexeril)					
Paroxetine (Paxil)					
Cortisone					
Hyalgan/Synvisc Injections					
Glucosamine/Chondroitin Sulfate					
Please list any herbal or nutritional supplements:					

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Assignment of Benefits & Consent for Treatment

## Financial Responsibility

All professional services rendered are charged to the patient and are due at the time of service unless other arrangements have been made in advance with our business office. Necessary forms will be completed to file for insurance carrier payments.

## Assignment of Benefits

I hereby assign all medical and surgical benefits, to include major medical benefits to which I am entitled. I hereby authorize and direct my insurance carrier(s), including Medicare, private insurance and any other health/medical plan, to issue payment check(s) directly to The Center for Arthritis and Rheumatic Diseases, P.C. for medical services rendered to myself regardless of my insurance benefits, if any. I understand that I am responsible for any amount not covered by insurance.

## Authorization to Release Information

I hereby authorize The Center for Arthritis and Rheumatic Diseases, P.C. to: (1) release any information necessary to insurance carriers regarding my illness and treatments; (2) process insurance claims generated in the course of examination or treatment; and (3) allow a photocopy of my signature to be used to process insurance claims for the period of lifetime. This order will remain in effect until revoked by me in writing.

I have requested medical services from The Center for Arthritis and Rheumatic Diseases, P.C., and understand that by making this request, I become fully financially responsible for any and all charges incurred in the course of the treatment authorized.

I further understand that fees are due and payable on the date that services are rendered and agree to pay all such charges incurred in full immediately upon presentation of the appropriate statement. A photocopy of this assignment is to be considered as valid as the original.

Patient/Responsible Party Signature: \_\_\_\_\_ Date \_\_\_\_\_

Printed name of person signing: \_\_\_\_\_

Relationship to Insured (if other than patient): \_\_\_\_\_

# PATIENT HISTORY FORM

Name: \_\_\_\_\_  
Last Name First Name Middle Name Maiden Name

Birthdate: \_\_\_\_\_  
Place of Birth: \_\_\_\_\_

Social Security #: \_\_\_\_\_

Marital Status:  Single  Married  Divorced  Widowed

Race: \_\_\_\_\_

Address: \_\_\_\_\_  
Street

Age: \_\_\_\_\_

Sex:  M  F

\_\_\_\_\_  
City State Zip Code

Telephone Home #  
Mobile #

Employer: \_\_\_\_\_

Work #

**Primary Insurance:** Policy # \_\_\_\_\_ Insured: \_\_\_\_\_ Subscriber:

Subscriber Employer: \_\_\_\_\_ Subscriber Social Security #: \_\_\_\_\_

Subscriber DOB: \_\_\_\_\_ Subscriber Home #: \_\_\_\_\_ Subscriber Work #: \_\_\_\_\_

**Secondary Insurance:** Policy # \_\_\_\_\_ Insured: \_\_\_\_\_ Subscriber:

Subscriber Employer: \_\_\_\_\_ Subscriber Social Security #: \_\_\_\_\_

Subscriber DOB: \_\_\_\_\_ Subscriber Home #: \_\_\_\_\_ Subscriber Work #: \_\_\_\_\_

**Additional Insurance:** Policy # \_\_\_\_\_ Insured: \_\_\_\_\_ Subscriber:

Subscriber Employer: \_\_\_\_\_ Subscriber Social Security #: \_\_\_\_\_

Subscriber DOB: \_\_\_\_\_ Subscriber Home #: \_\_\_\_\_ Subscriber Work #: \_\_\_\_\_

Next of Kin: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Contact #: \_\_\_\_\_ Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Who referred you to us?

The name of your physician providing your primary care:

Do you have an orthopedic surgeon?  Yes  No If yes, Name: \_\_\_\_\_

Main Symptoms and Reasons for coming to see the Doctor:

Date symptoms began (approximately): \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Please list the names of other practitioners you have seen for this problem:

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

**RHEUMATOLOGIC (ARTHRITIS) HISTORY**

At any time have you or a blood relative had any of the following? (Check if “yes”)

Yourself		Relative Name/Relationship	Yourself		Relative Name/Relationship
<input type="checkbox"/>	Arthritis (unknown type)	<input type="checkbox"/>	<input type="checkbox"/>	Lupus or “SLE”	<input type="checkbox"/>
<input type="checkbox"/>	Osteoarthritis	<input type="checkbox"/>	<input type="checkbox"/>	Rheumatoid Arthritis	<input type="checkbox"/>
<input type="checkbox"/>	Gout	<input type="checkbox"/>	<input type="checkbox"/>	Ankylosing Spondylitis	<input type="checkbox"/>
<input type="checkbox"/>	Childhood Arthritis	<input type="checkbox"/> _____	<input type="checkbox"/>	Osteoporosis	<input type="checkbox"/>

Other arthritis conditions: \_\_\_\_\_

**PAST MEDICAL HISTORY:**

- |  |   |   |  |
|--|---|---|--|
| Cancer <input type="checkbox"/>              | Heart Problems <input type="checkbox"/>     | Asthma <input type="checkbox"/>         | Goiter <input type="checkbox"/>          |
| Leukemia <input type="checkbox"/>            | Stroke <input type="checkbox"/>             | Cataracts <input type="checkbox"/>      | Diabetes <input type="checkbox"/>        |
| Epilepsy <input type="checkbox"/>            | Nervous Breakdown <input type="checkbox"/>  | Stomach Ulcers <input type="checkbox"/> | Rheumatic Fever <input type="checkbox"/> |
| Bad Headaches <input type="checkbox"/>       | Hepatitis/Jaundice <input type="checkbox"/> | Colitis <input type="checkbox"/>        | Kidney Disease <input type="checkbox"/>  |
| Pneumonia <input type="checkbox"/>           | Psoriasis <input type="checkbox"/>          | Anemia <input type="checkbox"/>         | HIV/AIDS <input type="checkbox"/>        |
| High Blood Pressure <input type="checkbox"/> | Emphysema <input type="checkbox"/>          | Glaucoma <input type="checkbox"/>       | Tuberculosis <input type="checkbox"/>    |

Other significant illness (please list):

Natural or Alternative Therapies (chiropracty, magnets, massage, over-the-counter preparations, etc.)

**PREVIOUS OPERATIONS:**

Type	Year	Reason
1.		
2.		
3.		
4.		
5.		
6.		

Any Previous Fractures?  No  Yes Describe:

Any other serious injuries?  No  Yes Describe:

**FAMILY HISTORY**

	IF LIVING		IF DECEASED	
	Age	Health	Age at death	Cause
Father				
Mother				

Number of Siblings: \_\_\_\_\_ Number Living \_\_\_\_\_ Number Deceased \_\_\_\_\_  
 Number of Children \_\_\_\_\_ Number Living \_\_\_\_\_ Number Deceased \_\_\_\_\_ List Ages \_\_\_\_\_

Patient’s Name: \_\_\_\_\_

Date: \_\_\_\_\_